
ACHIEVING RADICAL FULFILLMENT


*CREATING A NEW LIFE VIA
RE-DESIGNING YOUR LIFE*

SCHOLARS CHAPEL — LAST ONE OF 2019

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**YOU WILL KNOW
THE TRUTH, AND
THE TRUTH WILL
SET YOU FREE.**

John 8:32



LIFE DESIGN
+ PROVIDENCE
= FULFILLMENT



1. God wants you to design or re-design your own life, on your own, for your own.

2. God wants you to make major life decisions without thinking them through or based on what others want you to do.



3. God doesn't want you to make decisions about your life. He wants you to receive the life he designed for you.

4. God wants you to design or re-design your life with Him; for Him, for others. Here you will find contentment, fulfillment. How? Pray, Think, Discover, Align, Experience (ITHP: Ideas, Theories, Habits, Practices).

USE R&R WITH YOUR LIFE DESIGN WORK...

*“A **Revival** and a **Reformation** must take place under the ministration of the Holy Spirit. **Revival and reformation are two different things.**”*

1. “Revival signifies a renewal of spiritual life, a quickening of the powers of mind and heart, a resurrection from the spiritual death.

2. “Reformation signifies a reorganization, a change in ideas and theories, habits and practices.

*“Reformation will not bring forth the good fruit of righteousness unless it is connected with the revival of the Spirit. **Revival and reformation are to do their appointed work, and in doing this work they must blend.**”*

ACHIEVING RADICAL FULFILLMENT IN **FIVE STEPS**

1. Spiritual PAC

2. Self-Efficacy

3. Strategic Design

4. Synthesis Thinking

5. Schedule It

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P—PRIORITY (GOD FIRST)
A—ASSURANCE (BELIEVE GOD)
C—COVENANT (GOD PARTNER)

I. SPIRITUAL PAC WITH GOD

DESIGNING OR RE-DESIGNING LIFE WITH GOD — PRIORITY (GOD FIRST)

Pleasures: “Thou will show me the path of life: in thy presence is **fullness** of joy; at thy right hand there are pleasures **for evermore**.” Psalm 16:11

Placeness: “The happiest place on earth for him was the place where God would have him to be.” PP, 126

Priority: “...those who in **everything** make God first and last and best, are the happiest people in the world.” MYP, 38

DESIGNING OR RE-DESIGNING LIFE WITH GOD — ASSURANCE (BELIEVE GOD)

Aspire-Delight: “Delight yourself also in the LORD, and He shall give you the desires of your heart. Commit your way to the LORD, trust also in Him, and He shall bring it to pass.” Psalm 37:4-5

Ambition-Transformed: “I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.” Romans 12:1-2

Anticipation-Purpose: “Those who decide to do nothing in any line that will displease God, will know, after presenting their case before Him, just what course to pursue. And they will receive not only wisdom, but strength. Power for obedience, for service, will be imparted to them, as Christ has promised.” DA, 668

DESIGNING OR RE-DESIGNING LIFE WITH GOD — COVENANT (GOD PARTNER)

Companion: Spend time with me, talk with me, listen to me, talk with people that know me, notice things I have said, written or done, look at how I live, how I use my time and my resources, which people I am together with, find out my visions, dreams and my purpose in life. Relationship is core.

Constancy: “My sheep hear My voice, and I know them, and they follow Me.” John 10:27

Confidence: “And this is eternal life, that they may know You, the only true God, and Jesus Christ whom You have sent.” John 17:3.

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DEFINITION:

1. A PERSON'S BELIEFS IN THEIR CAPACITY TO PERFORM A PARTICULAR TASK.
2. ALONG WITH GOAL SETTING, SELF EFFICACY IS ONE OF THE MOST POWERFUL PREDICTORS OF HOW A PERSON WILL PERFORM AT AN ENDEAVOR.
3. IT DETERMINES EFFORT, PERSISTENCE AND STRATEGY IN THE ACCOMPLISHMENTS OF TASKS.

2. SELF-EFFICACY—PERSONAL/DIVINE

SELF-EFFICACY IN THE BIBLE

1. “Some trust in chariots, and some in horses; but we will remember the name of the Lord our God.” (Psalm 20:7)
2. “The fruit of that righteousness will be peace and confidence forever. (Isaiah 32:17, NIV)
3. “For God hath not given us the spirit of cowardice, and of a sound mind.” (2 Timothy 1:7)
4. “Let us not grow weary of doing good, for in doing so we will reap a harvest if we do not give up” (Galatians 6:9, ESV)
5. ”I can do all things through Christ who strengthens me. (Phil. 4:13)
 - Self-Efficacy Models
 - Positive: Caleb, David, Esther, Mary, Paul
 - Negative: Cain



I can do all things
through Christ who
strengthens me.

Philippians 4:13

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EVALUATE
EXPLORE
EXPERIMENT

3. STRATEGIC DESIGN: LIFE TIPS

Includes a PDF* of worksheets, journal exercises, illustrations, and more!

BILL BURNETT & DAVE EVANS

DESIGNING

YOUR LIFE

HOW TO BUILD A WELL-LIVED,
JOYFUL LIFE

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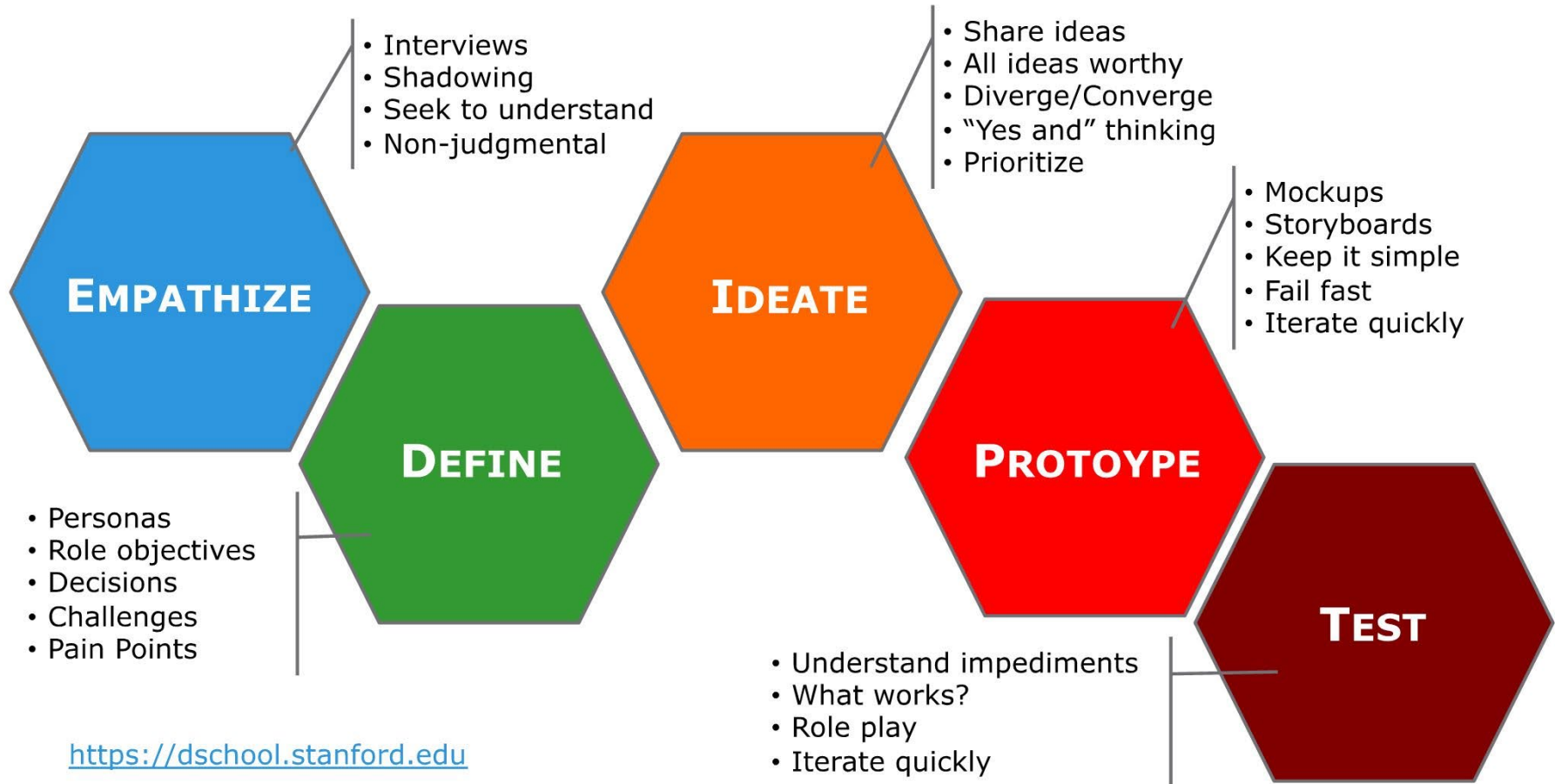


WILLIAM BURNETT & DAVID J. EVANS

DESIGNING YOUR LIFE

HOW TO BUILD A WELL-LIVED, JOYFUL LIFE

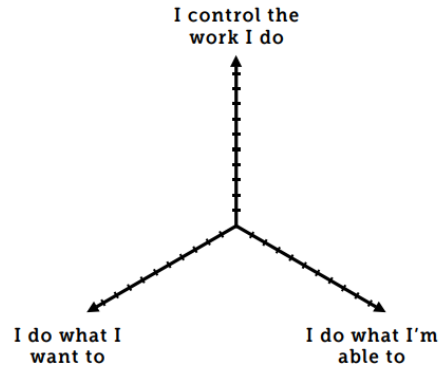
Stanford d.school Design Thinking Process



Task / Job self-image

Description

Feeling / explanatory words / actions



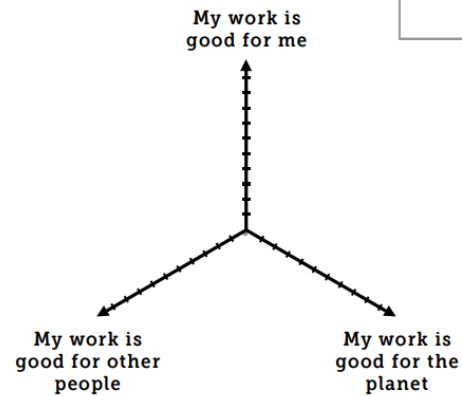
Feeling / explanatory words / actions

My work aligns with my values

My work is what I do well

My work is what the world needs

Feeling / explanatory words / actions



Self-assessment



1. I have a clear idea of what I want to accomplish in my professional life and what impact I want to have on society.

NO



YES

2. In my professional life I want to act in accordance with my own value system.

NO



YES

3. I feel responsible for voicing my values in my design work.

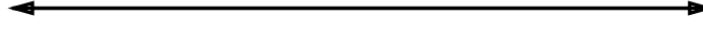
NO



YES

4. I feel comfortable taking risks

NO



YES

5. I feel comfortable with confrontation

NO



YES

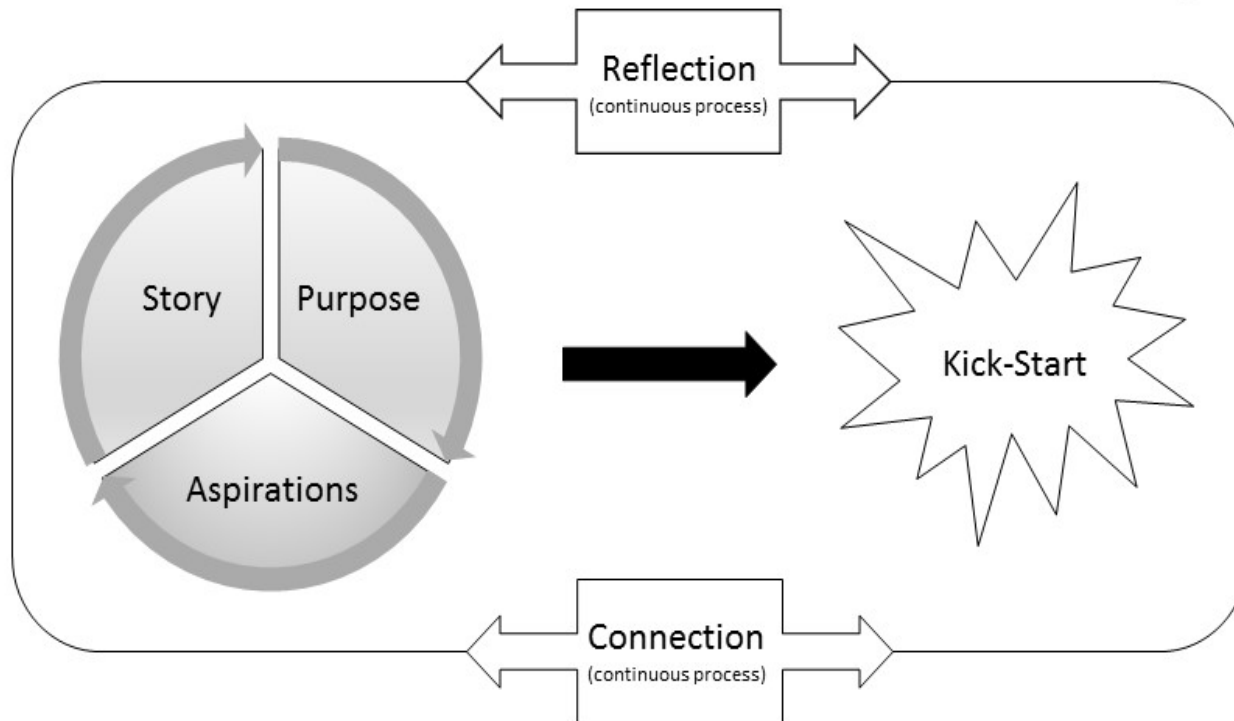
6. Can you think of a time when you have consciously stood up for, and acted in accordance with, your values?

Write it down. Think about the circumstances that made you want to take a stand.

Design Your Life: It Starts with a SPARCK!

Design Your Life, which incorporates a more a holistic view of one's life, engages students in a process where they feel empowered, passionate, energetic, and committed toward a life they desire – a life that represents who they are and where they want to go. In turn, they fully invest their best selves – their hearts, minds, bodies and spirit – in creating meaningful work and a life of significance.

"If you don't know who you are and why you're here, how are you suppose to know where you're going?" – Bill Johnson



SPARCK Philosophy

Story: Who am I?

Purpose: What am I here to do?

Aspirations: Where do I want to go?

Reflection: How am I doing?

Connection: Who can I partner with?

Kick-Start: What will I do NOW?

SPARCK Principles

Life Portfolio Design Process

Engagement/Intrinsic Motivation

Solutions-Focused Coaching

Contemplative Practices

Entrepreneurial Spirit

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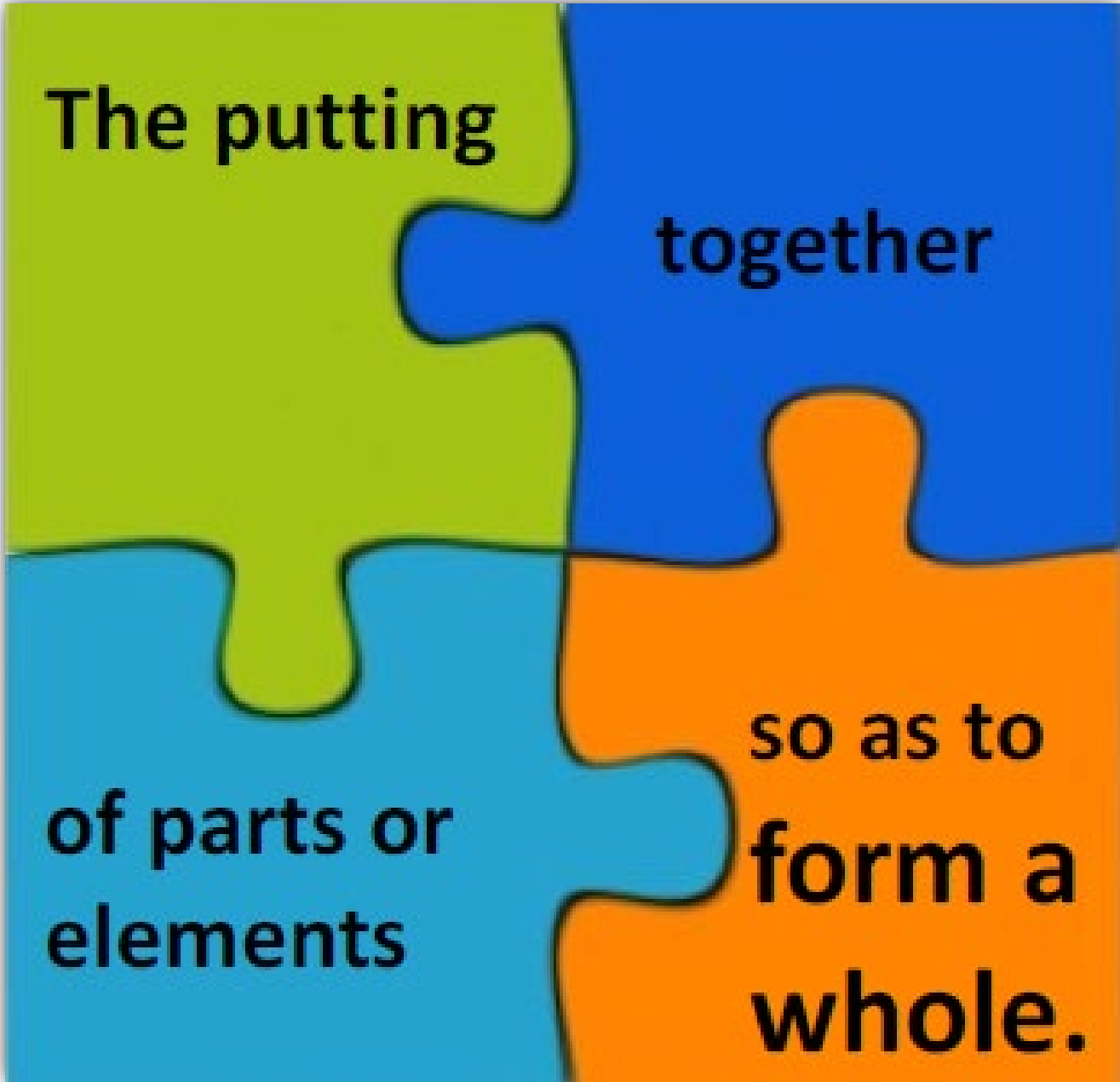
4. Synthesis Thinking

5. Schedule It



UNDERSTAND
RESONANT
DECIDE

4. SYNTHESIS THINKING: ALL TOGETHER



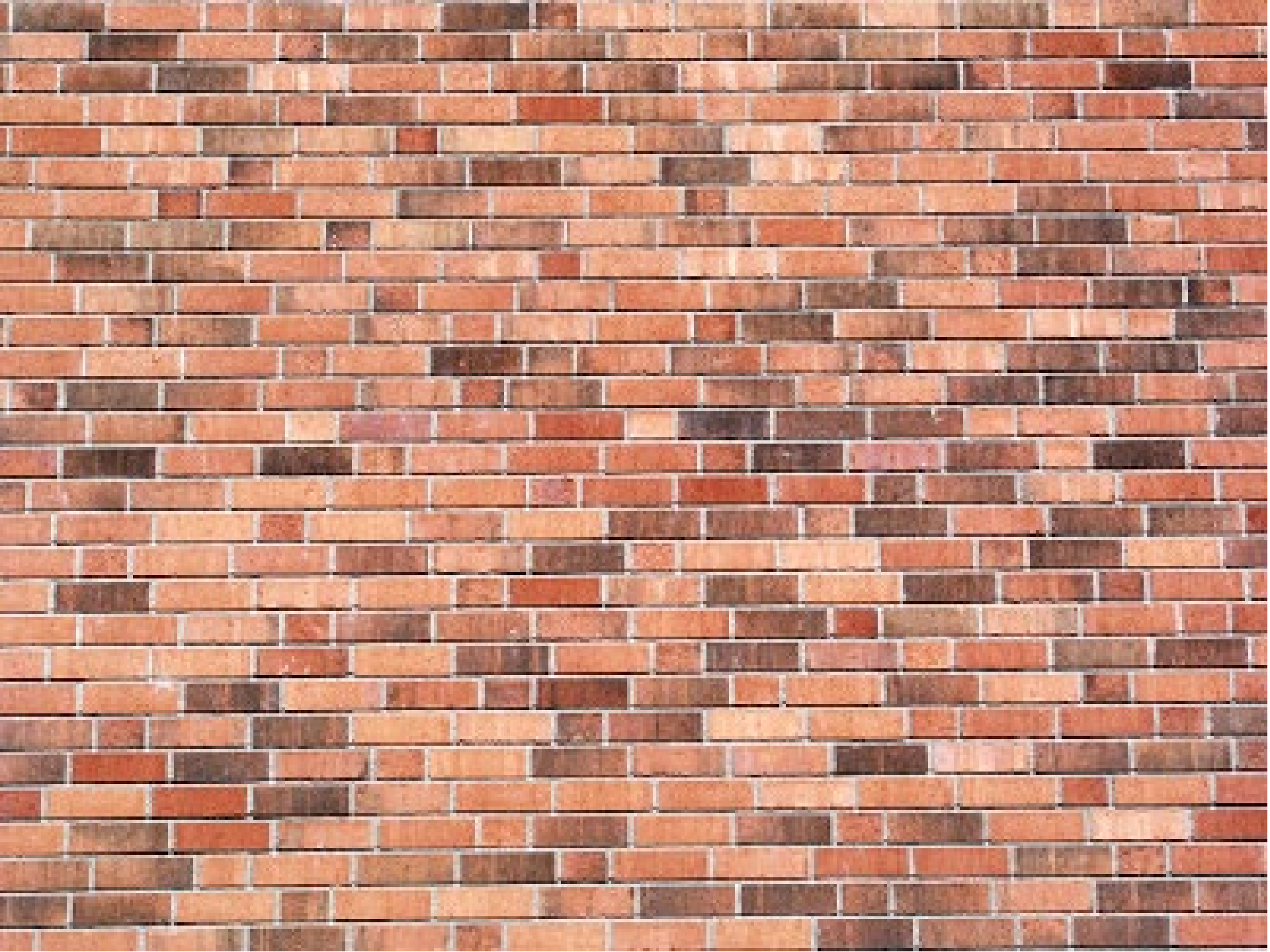
The putting

together

**of parts or
elements**

**so as to
form a
whole.**





IF YES TO THREE OR MORE OF THE FOLLOWING THEN FYL MAY BE FOR YOU...

1. Do you want more fulfillment in your life and career?
2. Do you want to more align with your personal calling?
3. Do you want to resist boredom and lethargy?
4. Do you want to challenge your self to do, be more?
5. Do you want to feel more impact in life and leadership?

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SET A GOAL
LOCK IN DATES
EVALUATE THE RESULTS

5. SCHEDULE IT: A TARGET, TIME, TEST

make it happen.



**“IF YOU TALK
ABOUT IT, IT'S A
DREAM, IF YOU
ENVISION IT, IT'S
POSSIBLE, BUT IF
YOU SCHEDULE IT,
IT'S REAL ”**

TONY ROBBINS

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- ✓ **Spiritual PAC**
- ✓ **Self-Efficacy**
- ✓ **Strategic Design**
- ✓ **Synthesis Thinking**
- ✓ **Schedule It**

1 Corinthians 14:40 (NKJV)

⁴⁰ Let all things be done
decently and in order.

Be
the person
you want
to have
in your life

Decide
what to be
and go
be it



Whatsoever thy hand findeth to
do, do that with all thy might
and leave the issues calmly to
God.

~ Thomas Carlyle



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